

## HIGHER NITEC IN BEAUTY & WELLNESS MANAGEMENT (3 YEARS)

### CERTIFICATION

Credits required for certification:

Sector Foundation Modules	: 24
Cluster Core Modules	: 12
Specialised Modules	: 21
Internship Programme Modules	: 12
Life Skills Modules	: 10
Cross-Disciplinary Core Modules	: 9
Electives	: 8
Total	: 96

### COURSE STRUCTURE

Module Title	Credits
<b>SECTOR FOUNDATION MODULES</b>	
Shampoo & Head Massage	3
Makeup 1	3
Basic Hair Colouring 1	3
Basic Nailcare	3
Communication for Salon Business	3
Basic Hair Upstyles	3
Blow-dry & Styling	3
Basic Facial Treatment 1	3
<b>CLUSTER CORE MODULES</b>	
Social Media Marketing	3
Customer Service & Selling	3
Salon Operations & Management	3
Makeup 2	3
<b>SPECIALISATION MODULES</b>	
Essential Oil Studies	3
Basic Facial Treatment 2	3
Nutrition & Lifestyle for Wellness	3
Aesthetic Electrotherapy 1	3
Nail Art & Extensions	3
Aesthetic Electrotherapy 2	3
Introduction to Cosmetic Science	3
<b>INTERNSHIP PROGRAMME MODULES</b>	
Internship Programme 1	4
Internship Programme 2	8
<b>CROSS-DISCIPLINARY CORE MODULES</b>	
Smartphone Portraiture	3
Event Planning	3
<b>ELECTIVES (COURSE SPECIFIC)</b>	

Module Title	Credits
Special Effects Makeup	2
Hand & Foot Spa	2
Eyelash Extension	2
Spa Services	2
Swedish Therapy	2
Hot Stone Massage Therapy	2
Waxing Treatment	2
Basic Hairstyling	2

### **ELECTIVES (GENERAL) AND LIFE SKILLS MODULES**

For details, click [here](#)

*Note: The offer of electives is subject to the training schedule of respective ITE Colleges. Students are advised to check with their Class Advisors on the availability of the elective modules they intend to pursue.*

## **MODULE OBJECTIVES**

### **Sector Foundation Modules**

#### **Shampoo & Head Massage**

On completion of this module, students should be able to perform shampooing at basin, seated shampoo, massage scalp, neck and shoulder, and towel dry hair.

#### **Makeup 1**

On completion of this module, students should be able to provide day, evening, and camouflage makeup.

#### **Basic Hair Colouring 1**

On completion of this module, students should be able to colour virgin hair.

#### **Basic Nailcare**

On completion of this module, students should be able to perform manicure and pedicure service, and provide hand and foot massage.

#### **Communication for Salon Business**

On completion of this module, students should be able to apply essential communications skills to build professional relationships, carry out reception duties, consultation service and prepare workplace documents.

#### **Basic Hair Upstyles**

On completion of this module, students should be able to perform upstyles.

#### **Blow-dry & Styling**

On completion of this module, students should be able to blow-dry various lengths of hair.

#### **Basic Facial Treatment 1**

On completion of this module, students should be able to provide basic facial treatment and shape eyebrows.

### **Cluster Core Modules**

#### **Social Media Marketing**

On completion of this module, students should be able to prepare and execute e-marketing plans on social media platforms.

#### **Customer Service & Selling**

On completion of this module, students should be able to manage customer's needs, wants, expectations and feedback, promote products and services, and provide service recovery to customers.

### Salon Operations & Management

On completion of this module, students should be able to handle and supervise the daily operation of a salon.

### Makeup 2

On completion of this module, students should be able to provide bridal, stage and photography makeup.

## Specialisation Modules

### Essential Oil Studies

On completion of this module, students should be able to blend essential oils and provide aromatherapy facial treatment.

### Basic Facial Treatment 2

On completion of this module, students should be able to extract skin blockages and provide electrical facial treatments.

### Nutrition & Lifestyle for Wellness

On completion of this module, students should be able to conduct client consultation and recommend healthy diet and lifestyle plan.

### Aesthetic Electrotherapy 1

On completion of this module, students should be able to provide electrotherapy for facial deep cleaning, skin tightening and lifting treatments and provide microdermabrasion for the face and neck area.

### Nail Art & Extensions

On completion of this module, students should be able to provide nail services, nail art, nail extensions and infills.

### Aesthetic Electrotherapy 2

On completion of this module, students should be able to provide electrotherapy treatment. For body toning/firming and slimming.

### Introduction to Cosmetic Science

On completion of this module, students should be able to prepare formulations for cosmetic products.

## Internship Programme Modules

### Internship Programme 1

On completion of this module, students should be able to apply the skills and knowledge acquired to take on a range of job scope at the company.

### Internship Programme 2

On completion of this module, students should be able to apply the skills and knowledge acquired to take on a range of job scope at the company.

## Cross-Disciplinary Core Modules

### Smartphone Portraiture

On completion of this module, students should be able to capture captivating portraits using smartphones, leveraging on the capabilities of their smartphones to create professional-quality portraits, mastering composition, lighting, posing, and editing techniques.

### Event Planning

On completion of this module, students should be able to conceptualise, plan and execute a wide range of events.

## **Electives (Course Specific)**

### **Special Effects Makeup**

On completion of this module, students should be able to create realistic looking special effects makeup.

### **Hand & Foot Spa**

On completion of this module, students should be able to provide hand and food spa service.

### **Eyelash Extension**

On completion of this module, students should be able to provide eyelash extensions, infills and removal services.

### **Spa Services**

On completion of this module, students should be able to perform spa treatments as well as body scrub and wrap treatments.

### **Swedish Therapy**

On completion of this module, students should be able to provide Swedish massage therapy according to the needs of clients.

### **Hot Stone Massage Therapy**

On completion of this module, students should be able to provide hot stone body treatment using a combination of classical massage movements and heated stones.

### **Waxing Treatment**

On completion of this module, students should be able to perform hair removal waxing treatments.

### **Basic Hairstyling**

On completion of this module, students should be able to perform upstyles.

## **Electives (General) and Life Skills Modules**

For details, click [here](#).