

## NITEC IN BEAUTY & WELLNESS

### CERTIFICATION

Credits required for certification:

Core Modules	: 45
Life Skills Modules	: 9
Elective Modules	: 3
<u>Total</u>	<u>: 57</u>

### COURSE STRUCTURE

Module Title	Credits
<b>CORE MODULES</b>	
Salon Grooming & Etiquette	4
Basic Makeup	4
Salon Business & Operation	4
Basic Nail Care	3
Basic Facial	4
Customer Service & Selling	4
Bridal Makeup	3
Hand & Foot Spa	3
Nutrition for Wellness	5
Facial & Waxing Treatments	3
Industry Attachment	8
<b>ELECTIVES (INTER-DISCIPLINARY)</b>	
Swedish Therapy	2
Foot Reflexology	2
Spa Service	2
Bridal Hairstyling	2
Nail Art & Extension	3
<b>ELECTIVES (GENERAL) AND LIFE SKILLS MODULES</b>	
For details, click <a href="#">here</a>	

*Note: The offer of electives is subject to the training schedule of respective ITE Colleges. Students are advised to check with their Class Advisors on the availability of the elective modules they intend to pursue.*

### MODULE OBJECTIVES

#### Core Modules

##### Salon Grooming & Etiquette

On completion of the module, student should be able project a professional image and apply etiquette in the salon.

##### Basic Makeup

On completion of the module, students should be able to provide day and evening makeup, as well as camouflage makeup.

##### Salon Business & Operation

On completion of the module, students should be able to communicate with clients and handle the daily operation of a salon.

### Basic Nail Care

On completion of the module, students should be able to provide manicure and pedicure services.

### Basic Facial

On completion of the module, students should be able to provide basic facial treatment and shape eyebrows.

### Customer Service & Selling

On completion of the module, students should be able to cultivate rapport with customer, manage customer's needs, provide service recovery, handle feedback, as well as promote products and services to customer.

### Bridal Makeup

On completion of the module, students should be able to provide western and ethnic bridal makeup.

### Hand & Foot Spa

On completion of the module, students should be able to provide hand and foot spa service.

### Nutrition for Wellness

On completion of the module, students should be able to promote and recommend healthier food choices to client for overall well-being.

### Facial & Waxing Treatments

On completion of the module, students should be able to provide advanced facial treatment, high frequency treatment, and waxing for facial and body hair removal.

### Industry Attachment

Students will undergo a 3-month industry attachment at a beauty salon or wellness establishment to gain hands-on training in a range of beauty and wellness services.

## Electives (Inter-disciplinary)

### Swedish Therapy

On completion of the module, students should be able to provide Swedish body treatments using a variety of classical massage movements.

### Foot Reflexology

On completion of the module, students should be able to treat reflex points and areas in the feet to improve circulation and induce relaxation.

### Spa Service

On completion of the module, students should be able to provide hydro and thermal spa treatments, as well as body scrub and wrap treatment.

### Bridal Hairstyling

On completion of the module, students should be able to provide simple bridal hairstyling and hair extension to complement bridal makeup service.

### Nail Art & Extension

On completion of the module, students should be able to provide nail art service and nail extension service.

## Electives (General) and Life Skills Modules

For details, click [here](#).