

# **NITEC IN COMMUNITY CARE & SOCIAL SERVICES**

## **Core Modules**

### **Anatomy & Physiology**

On completion of the module, students should be able to describe the organisation of the human body by explaining the structures and functions of the skin, blood, cardiovascular systems, respiratory systems, skeletal systems, muscular systems, nervous systems and urinary systems. They should also be able to relate the common terminologies and clinical manifestations of common diseases.

### **Client Care**

On completion of the module, students should be able to perform infection control procedures, assist with activities of daily living of clients, render first aid, perform simple bandaging, assist with health care procedures, perform health screening, assess nutritional needs, provide medication needs and assist in performing last office of clients.

### **Social Services in Singapore**

On completion of the module, students should be able to describe the roles of social services and responsibilities of staff working in the sector, as well as explain the legislative acts and policies pertaining to the social service sector in Singapore. In addition, they should be able to demonstrate basic attending techniques towards clients in the social services sector.

### **Rehabilitative Services - Physiotherapy**

On completion of the module, students should be able to assist therapists in conducting therapeutic exercises and applying electrical/mechanical modalities for clients. They should also be able to assist clients with various medical conditions in transfers and use of mobility aids.

### **Centre Operations**

On completion of the module, students should be able to explain the types of centres in Singapore, assist with the daily operations, carry out workplace safety and health procedures and perform administrative work. In addition, they should be able to orientate a new client and managing volunteers.

### **Rehabilitative Services – Occupational Therapy**

On completion of the module, students should be able to assist the therapists in training clients in Activities of Daily Living and vocational skills. They would acquire the knowledge to plan and conduct group activities and home screening to meet clients' needs. Students should also be able to prepare and maintain therapy equipment and records.

### **Introduction to Social Work**

On completion of the module, students should be able to explain the helping process and ethical practices in social work profession. They should also be able to provide an overview of social work practices pertaining to working with children, youth, family, elderly, persons with disabilities, persons with mental health issues, people with substance abuse and other addictions, ex-offenders and migrants.

### **Programme Management & Group Work**

On completion of the module, students should be able to explain the framework and processes of group work and group dynamics. They should also be able to assist trained staff to plan, lead and terminate group work, community activities or events.

### **Industry Attachment**

Students would be able to integrate and apply the skills and knowledge acquired at ITE College, and further develop competencies at the workplace.