

NITEC IN BEAUTY & WELLNESS

Electives (Inter-disciplinary)

Swedish Therapy

On completion of the module, students should be able to provide Swedish body treatments using a variety of classical massage movements.

Foot Reflexology

On completion of the module, students should be able to treat reflex points and areas in the feet to improve circulation and induce relaxation.

Spa Service

On completion of the module, students should be able to provide hydro and thermal spa treatments, as well as body scrub and wrap treatment.

Bridal Hairstyling

On completion of the module, students should be able to provide simple bridal hairstyling and hair extension to complement bridal makeup service.