AN ANNUAL PUBLICATION OF INSPIRING NEWS FROM ITE

WE'RE GEARING UP FOR SUCCESS



At ITE, students are equippe working in the world's leadinelp them excel in their quest

www.ite.edu.sg

nd values they need to succeed. From training under industry experts to y receive a globally-recognised career and technical education that will d-ready achievers.

READY FOR THE WORLD

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It's Truly Egg-cellent!

How Koh Han Jie cooked his way into Gordon Ramsay's kitchen

TO SERVE WITH LOVE Top student finds joy in volunteering

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GC+ RCady FOr the WOrld Finding your interests the Uniquely ITE way!



CONTENTS



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Alexis Cai **Denise Heng** Fiona Karan Hemavalli Padmanathan Heng Jin Hui Jamie Chan Jenn Tan Kamaruddin Mohd Said Karen Sum Lau Rong Jia Lim Hui Ling Shalini Veijayaratnan Victor Yen

4-5 Dressed for Success

6-7 On Cloud Nine Finn Seah discovers his passion for public speaking at ITE

> 8-9 Electric Youth Hard work pays off for once-average student

10-11 To Serve, With Love Top student finds joy in volunteering

12-15 Get Real! What's a Boeing 737 plane doing on ITE grounds? Read on to find out!

16-19 It's Truly Egg-cellent! ITE student is Gordon Ramsay's first intern in Singapore

> 20-21 Then & Now What's next after ITE? We check back with these ITE alumni on what they've been busy with after graduating from ITE

22-24 Life Transformers ITE lecturers who transform students' lives by believing in them

> **25 Hip Hangouts** Cool spots on campus to spend those between-lessons hours

26 Cool Clubs With so many CCAs to choose from, there's never a dull moment with ITE!

27 Postcards From Abroad Learning beyond borders

28-29 ITE's Got Talent! Check out the different talents we have at ITE

30-31 Get Ready for the World Finding your interests the Uniquely ITE way!

32-33 Decisions, Decisions Coming to ITE: Good-to-know stuff for before, during and after your time at ITE

> **34 Bouquets** How to say, "ITE rocks!" in different ways

EDITOR'S NOTE Have You Found Your Secret Ingredient?

our culinary school students pitted their skills against one another in a cook-off to be the first intern at Gordon Ramsay's new restaurant at Marina Bay Sands. ITE student, Koh Han Jie, who impressed Mr Ramsay with his perfectly cooked omelette, and poached and soft-boiled eggs, emerged the winner.

How did Han Jie do it? If you read his story on page 16, you would learn that he put in small touches like brushing his omelette with melted butter - the secret ingredient that added flavour and a sheen to the egg's surface. Who would have thought that a mere stroke of butter would trump the competition!

As with many things in life, we find that we may try ways and means to succeed, but to truly shine in what we do, we all need that secret ingredient passion. And, passion, we know, is not just a feeling, but must be nurtured through knowledge, hard work and sacrifice.

At ITE, we know that for our students to do well, they must love what they're studying. That is why we have more than 100 courses in various disciplines to cater to students who have diverse interests and talents.

Han Jie discovered his love for cooking at ITE, and he's excelling in his Culinary Skills course. Nursyukrina Fatin finds joy in caring for others - it is no surprise that she graduated at the top of her Higher Nitec in Early Childhood course (page 10). Angel Gwee, who has always been interested in make-up and grooming, followed her heart to take up Beauty Therapy in ITE and is now a highly sought-after make-up artist (page 20).

Have you found your secret ingredient to success? May the articles in the following pages help you find the answer!

Joycelyn Seet

Editor, Moving On



NURUL THAHIRAH BTE AZMI

Higher Nitec in Biotechnology, ITE College East (Was from: Bukit Panjang Government High School) "I enjoy doing a lot of hands-on work, especially using the microscope to look at different kinds of bacteria. But what make my days in school most enjoyable are my awesome classmates and teachers!"

MUHAMMAD ISWANDI BIN MOHAMED A

Nitec in Automotive Technology (Light Vehicles), ITE College West (Was from: Ahmad Ibrahim Secondary School) "With dedicated teachers and motivated peers, my time in ITE has been a wonderful experience! I've gained valuable skills, excelled academically and have been given the opportunity to showcase my abilities."

DRESSED FOR SUCCESS

COMPILED BY DENISE HENG AND LAU RONG JIA

TE offers over 100 exciting courses. They range from Applied & Health Sciences, Business & Services, Design & Media, Electronics & Info-comm Technology, to Engineering and Hospitality. Check out these students' uniforms and you will know which courses they are from!

PINKY CHANG

Higher Nitec in Banking Services, ITE College Central (Was from: Admiralty Secondary School)

"I get to role-play as a bank teller in our Banking Services Training Centre, learn to use relevant banking software, and work on real-world situations through case studies. I'm also given the opportunity to visit banks and financial institutions to gain a first-hand understanding of their business and innovative practices. This gives me a better idea of the learning expectations during my industry attachment with them."

BENJAMIN OH

Nitec in Aerospace Avionics, ITE College Central (Was from: Chung Cheng High School (Yishun))

"Our Aerospace Hub provides Maintenance, Repair and Overhaul (MRO) training to prepare me to work as an Aircraft MRO Technician. I love coming to school every day. It's cool to have my lessons inside a real aircraft!"

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SHINE@



SIVANESWARAN S/O GANESAN *Nitec* in Nursing, ITE

College East (Was from: Shuqun Secondary School)

"My Nursing course has equipped me with invaluable knowledge and skills. I am now more confident about caring for patients. I hope, with my skills, patients will enjoy a better quality life."

JUSTIN TAN

Nitec in Fitness Training ITE College West (Was from: Geylang Methodist School)



'I have a keen interest in sports and fitness and I enjoy learning about the human anatomy and designing fitness programmes. That's why I really enjoy this course!"



ANGELA NG

Nitec in Beauty & Wellness, ITE College East (Was from: Springfield Secondary School)

"With skills I've learntfrom my course, I'm confident that I can help others look good and feel good about themselves."

MUHAMMAD ISNIN B ABDULLAH



Higher Nitec in Marine Engineering, ITE College Central (Was from: First Toa Payoh Secondary School)

"I am most grateful for the time I have spent in ITE Guidance from my lecturers, and the hands-on learning have given me a lot of wonderful memories and valuable experiences."



RATHI D/O LLANGOVAN

Nitec in Food & Beverage Operations, ITE College West (Was from: Pioneer

05

"I enjoy the hands-on learning I receive in my School's training restaurant and the chance to work in a team. I've gained a lot of knowledge and confidence in myself!" SHINE@

CLOU

FINN SEAH DISCOVERS HIS PASSION FOR PUBLIC SPEAKING AT TE BY KAREN SUM

Student Council President, Student Mentor, Singapore Management University (SMU) InnovateIT Business Technology Case Challenge's Best Speaker and Lee Kuan Yew Model Student Award recipient – Finn Seah has been there, done that.

JOURNEY TO SELF-DISCOVERY

inn confessed that he used to be playful and not very focused in his studies. When the Clementi Town Secondary School graduate first started his *Nitec* in Info-Communications Technology (Cloud Computing) course at ITE, he found the environment and study life quite different from secondary school. "But it didn't take me long to adapt, thanks to the friendly and approachable lecturers and course mates!" he recalled fondly.

Encouraged by his elder brother, who was also from ITE, Finn set out to do his best from day one. He had wanted to prove to himself that he could do well and achieve whatever he sets his mind on. With such determination, Finn pushed himself during his two years in ITE.

He joined the Student Council and participated in several community projects. In 2012, Finn led a team to develop a business plan for Jamiyah Nursing Home. Their project won the second prize in the Shell LiveWIRE Social Enterprise Competition. And it was his Co-curricular Activities (CCA) that helped him discover his passion for public speaking.

> Name: Finn Seah Cong Hern Course: Nitec in Info-Communications Technology (Cloud Computing) College: ITE College East Secondary School: Clementi Town Secondary School

Thi Ma He imp oth

BEST SPEAKER

"Being forced to speak to large groups as a Student Councillor helped me overcome my fears and gain confidence in speaking," Finn shared. This led him to join the SMU InnovateIT Business Technology Case Challenge in 2013. Weeks of research, drilling and rehearsals later, Finn's team took second place and Finn himself won the Best Speaker award, beating representatives from the junior colleges and polytechnics!

Another outcome of Finn's CCA was his discovery of the importance of communication. This led him to choose the Mass Media Management programme in Nanyang Polytechnic. He hopes to get a degree after that, and to improve his speaking skills so he can inspire others.

With all that mapped out, Finn is certainly sticking to his goal of "living life to the fullest, not wasting my youth, and achieving something I can be proud of when I'm old"!

SHINE@



08



Being involved in these CCAs have been helpful in her learning journey. She said, "Through working on special projects, I learned skills that were not taught in my course. My lecturers have also been generous in sharing their knowledge."

HARD WORK MAKES **A DIFFERENCE**

Currently taking a Diploma in Electrical and Electronics Engineering at Singapore Polytechnic, Hui Ling notices an advantage she and her fellow ITE graduates have over some polytechnic course mates. She said, "We have a stronger skills foundation because some of the content was already taught at ITE."

One thing is for sure – she sees a common attribute among ITE students. She shared, "We know that hard work makes a difference and so. we work very hard!'



SHINE@ TO SERVE, WITH * TOP STUJENT FINJS JOY IN VOLUNTEERING **IOVE** BY ALEXIS COI

PRESENCE, NOT PRESENTS

The bright and cheerful girl, formerly from Ahmad Ibrahim Secondary School, enthused that volunteering has a way of putting things in perspective and reminding people of how fortunate they are. In her case, if something upsets her at home, it melts away when she interacts with people during her volunteer work. "My work as a volunteer has been encouraging. There is great satisfaction being a part of such a noble cause, knowing that in some small way I have contributed a lot to society," she said.

To anyone who's interested in volunteering, Fatin advises you to look for volunteer work that incorporates your hobbies, interests and special skills. If you are worried that you do not have the skills that an organisation is looking for, never fear. Many community-based organisations are happy to train those who are willing to learn. Most importantly, bring your heart, your sense of humour, your enthusiasm, and your skills to your volunteer work. Like what Fatin strongly believes in, "You have the power to change things for the better!"

Fatin remembers an unforgettable sharing by a fellow regular volunteer - "One of the best gifts you can give anyone is not presents but your presence." Keeping that in mind, Fatin works around her schedule to volunteer; from storytelling in public libraries, to selling F1 survival kits for students-in-need, Fatin has done them all.

Lardworking, humble and sociable – Nursyukrina Fatin Bte M M is all of these rolled into one. It is no wonder, then, that the *Higher Nitec* in Early Childhood Education graduate is an active volunteer.

SHINE@

"As students, we often get caught up in our routine of projects, tests and work. Volunteering gives me the opportunity to experience the real world and to meet like-minded people with common interests. Spending my time volunteering is one of the most rewarding and satisfying things I have done as a student. I will definitely advocate the spirit of volunteerism to everyone else!"

BE A CHANGE AGENT!

Name: Nursyukrina Fatin Bte M M Course: Higher Nitec in Early Childhood Ilege: ITE College Central arv School Ahmad Ibrahim Secondary School



GET REAL!

What's a Boeing 737 plane doing on ITE grounds?

Read on to find out!

By Joycelyn Seet

Uid you know that ITE students spend 70 per cent of their lesson time doing practical, hands-on work? This helps them to better grasp the theoretical concepts learnt in class, and gives them an idea of what to expect in a real-life industry setting. Sure beats sitting through a full day of lectures and tutorials, don't you think? Take a look at some of these interesting "classrooms"!

Aerospace Hub - ITE College Central





Maritime Hub - ITE College Central

Games Galleria · ITE College Central

S'GALLERU

13





Hotel West - ITE College West

Airport Premium Lounge - ITE College West



obody likes scoring 'eggs' (they look like zeros!) in their examinations, but ITE student Koh Han Jie got full marks using three eggs.

On 22 September 2014, Han Jie, who is currently in ITE's Technical Diploma in Culinary Arts course, made history by cooking three eggs in different ways within 10 minutes.

To a room packed with murmuring spectators and the buzzing media, celebrity chef, Gordon Ramsay declared Han Jie as his first intern at the Michelin-starred Bread Street Kitchen in Marina Bay Sands.

ITE STUDENT IS GORDON RAMSAY'S FIRST INTERN IN SINGAPORE BY JAMIE CHAN

COOK-OFF

In a cook-off that was similar to popular reality show, "MasterChef", Han Jie beat three other contestants from Shatec, Culinary Institute of America and At-Sunrice GlobalChef Academy, in a 10-minute challenge. The task: to cook eggs in three ways - omelette, poached and soft-boiled. His outstanding skills convinced Chef Ramsay to handpick Han Jie to join his team at his new restaurant starting from the first guarter of 2015.

"Just two months before the competition, I was taught how to cook the egg in class. I used the same methods that I learned from that class in ITE, such as brushing an omelette with melted butter to add flavour and sheen." Han Jie shared.

Han Jie had created a stir when he won the Gold Medal in Cooking at the WorldSkills Singapore 2012 competition. He subsequently clinched Singapore's first Medallion for Excellence in the same skill area at the WorldSkills Competition 2013 in Leipzig, Germany.



It is hard to believe, then, that Han Jie had never cooked in his life, when he first joined ITE as a Nitec in Western Culinary Arts student. In fact, Han Jie revealed that he was not even very keen to join the Culinary course as he wanted to start working after secondary school. It was his mother who persuaded him to take it up.

16



Han Jie eventually heeded his mother's advice and enrolled in the *Nitec* in Western Culinary Arts course. His mother, who supports him at all his competitions, turned out to be one of his biggest supporters.

Such a great moment!"

Photo courtesy of Marina Bay Sands

However, it was not all rosy after Han Jie joined ITE. "I did not know what I was signing up for and I did not even like it when school started," Han Jie confided. Han Jie owes his success partly to Chef Robin Ho from Pierside Restaurant, who mentored him during his six-month internship.

This internship during his *Nitec* days gave him the opportunity to take on various roles in the kitchen. The team spirit and the buzzing activity of the kitchen captivated Han Jie, who has since developed a deep passion in the art of cooking.

Today, Han Jie not only enjoys honing his skills in his Technical Diploma in Culinary Arts course, he thrives in the challenging task of managing a kitchen. For Han Jie, his achievements so far are only the beginning. Who knows how high he will soar in his culinary career?

STARS@

A CULINARY CHAMPION'S TIPS ON POACHING AN EGG

Name: Koh Han Jie Course: Technical Diploma in Culinary Arts College: ITE College West Secondary School: Canberra Secondary School

Photo courtesy of Marina Bay Sands

ggs appear simple, but fine mastery of basic techniques is required to cook the egg right. For those of us aspiring to poach the perfect egg, here are some tips from Han Jie:

1. Heat enough water in a deep pan to cover at least half of an egg

2.)When the water starts to simmer, add vinegar (one part vinegar to every ten parts

water in the pan)

3. Crack egg into bowl

4. Stir the water (not too fast!) and pour the egg gently into the centre of the whirlpool

5. Egg is ready when the egg white enveloping the yolk turns white and floats to the

top. Scoop egg out gently... and voila! Your Ramsay-worthy poached egg is ready

to be served ©

Photo courtesy of Marina Bay Sands



STARS@

THEN & NOW

W hat's next after ITE? We check back with these ITE alumni on what they've been busy with after graduating from ITE.

CAROLYN CHOO: CLAMPION CARER

Then: Ping Yi Secondary School Nitec in Nursing, ITE College East Diploma in Nursing, Nanyang Polytechnic

Now: Staff Nurse at Singapore General Hospital

A passion to care for those who need help motivated Carolyn to sign up for the *Nitec* in Nursing course at ITE. That proved to be a wise decision – Carolyn excelled in her course and went on to clinch a Gold medal in the Caring skills area at the 2009 WorldSkills Competition, beating competitors from Finland, France and Sweden, among others.

Now a Staff Nurse at the Singapore General Hospital, Carolyn puts her training to good use and aspires "to be the best nurse to render care and help to my patients!"

ANGEL GWEE: MAKING UP HER FUTURE

Then: Manjusri Secondary School Nitec in Beauty Therapy, ITE College East

Now: Professional Make-up Artist

As a teenager, Angel Gwee's dream was to be a singer. Angel was better with her hands and not too keen on school, not until she took up the *Nitec* in Beauty Therapy course at ITE.

"I've been interested in make-up since I was 14. I used to experiment on myself and I was always curious as to how make-up can change a person's features," said Angel. At ITE, Angel became an attentive student. After she graduated, she worked as an assistant to a senior make-up artist. People heard about her excellent skills and her popularity grew.

Today, the 24-year-old has done make-up for celebrities such as Zoe Tay and George Young, as well as for fashion spreads.

JOHN KARTIGAN: SEA-ING SUCCESS



Then: Yishun Secondary School Higher Nitec in Marine Offshore Technology, ITE College Central Diploma in Engineering (Marine), Ngee Ann Polytechnic

Now: Superintendent at Keppel FELS

John Kartigan used to work as a cleaner, earning \$700 a month. By chance, he learned of the new *Higher Nitec* in Marine Offshore Technology course and applied to join the pioneer batch. John worked hard and achieved the ITE-ASMI Scholarship Award upon graduation.

Today, John holds a supervisory role as Superintendent at Keppel FELS. He credits his ITE lecturers for his success. "In my promotions within the organisation, the attitude and mind-set shared by my lecturers have kept me focused," John said. He is currently pursuing his diploma in Engineering (Marine) under another scholarship.

Y I SE E) The

FADELL BIN BAHARUDDIN: BUILDING A BETTER LIFE Then: MacPherson Secondary School

MOHAMMAD

Nitec in Space Design (Architecture), ITE College Central	No
	The
Iow: Diploma in Architecture student at Singapore Polytechnic	pro (WS & B
kills can lead to better pay, according to Mohammad Fadell In Baharuddin. After his secondary education, Mohammad	rest mai
rorked in a slew of odd jobs before deciding to return to chool in order to improve his standard of living. The	and hav
2-year-old recalled having to work as a night security guard uring this period to cope financially, as he lives alone.	And at t
trongly determined, Mohammad graduated with a perfect 4.0 Grade Point Average in his <i>Nitec</i> in Space Design Course in 012, and received the BCA - ITE Built Environment	win She obta
cholarship to further his studies. He is currently pursuing a biploma in Architecture.	Rui Ale:
	ope

NARESH VIJAYAKUMARAN: FROM ITE TO SMU

Then: Hong Kah Secondary School *Nitec* in Electronics, ITE College West Diploma in Electronics &

Telecommunication Engineering,

Ngee Ann Polytechnic

Bachelor of Science in Information Systems Management, Singapore

Management University (SMU)

Now: Arts Manager at SMU

"I have failed many times in life," said Naresh of his journey from ITE student to SMU graduate. "But I was also surrounded by a group of people who pushed and encouraged me." The same failures, and the strong support he received while at ITE, made Naresh what he is today – positive, determined and resilient.

Today, Naresh is an Arts Manager at SMU. He believes in making a difference to the people around him. He currently sits on the School Advisory Committee of his alma mater, Hong Kah Secondary School. "I was once in their shoes, so I believe the students can relate to me better. I want to impart values, and change their perspectives on career, studies and relationships."

YEW RUI QI: SERVICE EXCELLENCE

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	Dipl Aca			ι Βι	Isin	ess	Adr	nini	stra	tion	, PS	SB	

ow: Sales Coordinator at Park Hotel Alexandra

e desire to learn more than what was being taught in school ompted Yew Rui Qi to sign up for the WorldSkills Singapore SS) Competition back in 2008. Said the then *Nitec* in Food Beverage Operations student, "I wanted to learn more staurant service skills. By training for the WSS, I picked up iny valuable tips along the way. I saw myself progressing d learning more things that many other students may not ve the chance to."

d progress she did! Rui Qi went on to represent Singapore the international WorldSkills Competition in Canada, ming a Medallion for Excellence for Restaurant Service. e subsequently completed her *Higher Nitec* course and tained a Diploma in Business Administration.

i Qi is now a Sales Coordinator at the new Park Hotel exandra, where she is part of the team working on the grand ening of the hotel in May 2015.



STARS

STARS@

LIFE X TRANSFORMERS

ITE LECTURERS WHO TRANSFORM STUDENTS' LIVES BY BELIEVING IN THEM

BY SHALINI VELJAYARATNAM

Leah

Leah Jade Fellstad

TE lecturers are a special lot – besides teaching, many of them have a special ability to bring out the best in their students and transform their lives for the better.

BREWING THE BEST

"Don't worry, I will be here for him," said Ms Leah Jade Fellstad, a Lecturer in Food & Beverage Operations at ITE College West, to the parents of Toh Yi Liang on his first day of school. Yi Liang has mild autism, and his parents were naturally anxious and concerned. True to her word, Ms Leah gave special attention to Yi Liang, guided him, and gave him encouragement.

To help him with his studies, Ms Leah would break down tasks and assign a classmate to be his buddy during each lesson. She also took videos of practical lessons for him to practice at home. As Ms Leah constantly gave feedback and communicated with his parents, they were assured he was in good hands.

Yi Liang is grateful to his teacher for all the arrangements that she has made for him, even tothe extent of personally visiting three restaurants with his parents on weekends to find him a suitable employer for his internship.

Yi Liang is among the many students that Ms Leah has won praises from. From lively discussions, interesting activities and engaging practical sessions, there is never a dull moment in her class.

She believes that ITE students are "simply amazing." She said, "What students need is a friend to be there for them, a role model to guide them in their learning journey, and a teacher to help them realise their potential. Their happiness and success is mine."



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Khalid Kassim

STARS

Khalid

Kassim

FATHERLY FIGURE

Mr Khalid Kassim may have four children of his own, but he extends his nurturing skills to a larger family of hundreds. For the last 30 years, Mr Khalid has dedicated his time and efforts to be a committed lecturer. He is currently teaching Mechanical Engineering at ITE College East.

Mr Khalid spares no effort to reach out to his students and care for them. He often tells his students, "I will not give up on you even when you give up on yourself." With that philosophy in mind, he does his best to develop his students.

Md Fariq, who graduated with excellent results, is testament to Mr Khalid's teaching skills and caring heart. Distracted by bad company and disinterested in studies, Fariq turned around with Mr Khalid's advice and concern. "Despite having a bad record, he accepted me unconditionally and led me to the right path," he said. BUZZ@ TE

> Mr Khalid also comes up with creative ways to motivate his students. For example, he gets students to write personal oaths and goals, and advises them to carry a 'Goal-Setting Card' in their wallets to remind them to achieve good grades. He also stresses the importance of being polite and respectful, especially to their teachers and parents.

His good nature has even touched the lives of his students' families. He started the Student Home Technical Outreach Programme to reach out to students who require financial assistance. Under the programme, other classmates will undertake repair work in their friends' homes, such as fixing sinks and plumbing.

After 30 years of teaching, Mr Khalid is still as passionate about his job. He hopes to continue to inspire and motivate his students, and add meaning to their lives.

THUMBS UP FOR MS THAM!

Ms Iris Tham always injects fun into her lessons. The Human Resource & Administration lecturer believes that students learn the best when they are engaged and enjoy the class. Her lessons are never boring as she develops new and creative ways to bring theoretical knowledge and concepts to life. She infuses exciting hands-on activities to make lessons interesting.

Oris Than Iris Tham

> According to her, there is no single method that she uses. "As every student and class is different, I try different methods to make classes fun. Some work, and some don't. As much as they are learning in my classes, I am also learning to be a good teacher through them. It's an on-going journey," she said.

Beyond teaching, Ms Tham feels that habit and character building are just as important. During her lessons, she finds opportunities to share important life skills and values. "Respect, kindness, courage, perseverance, self-discipline and compassion - these are important for students to become successful and good individuals," she said.

With her motherly instincts and warm nature, she easily reaches out to troubled or struggling students. Ms Tham shared, "ITE students are brilliant! Some of them just require a bit of pushing, care and concern, or simply a friend to talk to." Grateful for her efforts in reaching out to them, many of her past students still come back to ITE to visit her, and update her on their progress.

Ms Tham downplays the efforts she has taken to develop her students. "It's my job," she said. The enthusiastic and passionate teacher gains a sense of satisfaction watching her students mature and become all-rounded individuals.

ave some time before your next lecture and don't know what to do? Fret not, there are many cool places right here on campus, where scooting off to class - you just need to know where to look! Here are some ideas for a start:







BUZZ

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WITH SO MANY CCAs TO CHOOSE THERE'S NEVER A DULL MOMENT WITH ITE!

The saying goes, "All work and no play makes Jack a dull boy"; so what's College life without exciting Co-Curricular Activities (CCAs)? At ITE, you can explore and discover your potential and talents through a whole range of about 100 CCAs to choose from.

CLUBS

Those aspiring to be head-turners can take up **UniCycling**, perform dare-devil stunts with Skateboarding or join the competitive yet fun-filled Go-karting Club. If getting some splish-splash is your cup of tea, you can try your hand at powering a watercraft through Dragon Boating or Sports Fishing, where our angler-wannabes learn how to hook their biggest catch.

Not a sports enthusiast? Then maybe try honing your creative or artistic flair. Tell your story using your hands, fine sand and music with Sand Animation, or wow audiences with the pulsating beat of **Daiko drums** (a drumming style of Japanese origin). If dance is your thing, you can put on your dancing shoes and choose from the more traditional dance forms, such as our Fatt San-styled Lion Dance or the hip and happening Korean Dance Wave for the K-Pop fanatics.

With the wide array of CCAs ITE offers - from sports to the performing arts to clubs and societies - there is always something in store for everyone. Campus life in ITE can't get more exciting than this!

POSTCARDS FROM ABROAD LEARNING BEYOND BORDERS

BY JENN TAN



ey, it's me! How are you? It's been a week since I left Singapore and I thought it'd be fun to send you a snail mail (instead of posting on Facebook!).

Do you like my postcards? As you can see. I am having an awesome time here. There are so many things to see and do. Even though we speak the same language and breathe the same air, the way people talk and live are so different here. It is so cool to hear their accents. Even the food is nothing like what we have in Singapore!

You are right. Taking part in ITE's Global Education Programme (GEP) is one of the best decisions I have ever made. It has changed how I view the world. I also realised how blessed we are in Singapore, compared to some of the rural villages I saw on a community service trip. I will never take clean water and fresh air for granted again.

My lecturers say that every year, about one in four ITE students go on an overseas GEP trip for student exchanges, industrial attachments, community service projects, cultural visits or sports competitions, with over 20 countries to choose from. That's way cool!

Perhaps you should consider signing up for a GEP trip too. It will be an experience of a lifetime! I will share more when we meet.

Till then, take care and don't miss me too much.



BUZZ@

GOT

TALE

CHECK OUT THE DIFFERENT TALENTS WE HAVE AT ITE BY KAREN SUM AND JAMIE CHAN

Battling It Out With the Best in ASEAN

ight hours a day, five days a week – that's how intense the training was for the 35 ITE student competitors in the lead up to the 10th ASEAN Skills Competition (ASC) held in Hanoi, Vietnam in October 2014.

The students' hard work saw them bring home a total of 11 medals – six Golds, one Silver, four Bronzes, and eight Medallions for Excellence. Team Singapore was made up entirely of ITE students, who pitted their skills against the best technical talents from nine other ASEAN countries to bring glory to Singapore.

For each participant, the experience of competing with the region's best was worth the gruelling year-long training. "I was exhausted and the pressure of expectations from lecturers, family and friends was overwhelming," said Andrew Tan Kai Hao, a *Higher Nitec* in Electrical Engineering student who won Gold in Information Network Cabling and the Best of Nation Award (given to the top scorer among all competitors from each country).

"However, I have gained new confidence and am also more aware of the opportunities and options that are open to me," he said of the experience – a feeling shared by many in the Team.

SOARING THROUGH DANCE

It was an evening of high energy and nimble moves, as 260 dancers from the three ITE Colleges took turns to wow the audience at ITE Emblazon 2014, at the Tay Eng Soon Convention Centre in ITE.

Exploring the theme of "Flight", Emblazon 2014 symbolised the igniting of ITE students' passion for dance. It is the second installment where students from various ITE dance groups collaborated to showcase their talents. Hours of rehearsals and dedication went into perfecting every move.

Shawn Ho, a second-year *Nitec* in Electronics student from ITE College East, is an example of a student whose life took flight through dance. Shawn is a member of the ITE College East break dance club called East Kingz, and helped choreograph their item titled 'Breakin' for Emblazon.

Shawn started dancing at 15 and learnt to be a bit more responsible when he was asked to head his dance club in secondary school. When he joined ITE, he did not do too well during his first year. A new rule at East Kingz, which required performers to have a GPA of more than 2.5, prevented him from performing.

This motivated Shawn. In his second year, his GPA rose to 2.7. He has also matured and discovered that he is studying not just so he can perform, but also, to secure his future. He has grown in skills and choreographic talent, and matured as a person through dance.





HEARTS-ON COOL INVENTIONS

Two groups of ITE students put on their creative-thinking caps and designed innovative solutions to benefit people in need. The projects won the top two prizes at the STEP-ITE Sunburst Innovation Programme (an initiative between ITE and Singapore Technologies Endowment Programme), beating contestants from ASEAN and China. See their cool inventions here!





EZ Transfer

A portable slider that allows patients with leg injuries, knee pain or joint stiffness to transfer between a wheelchair and a vehicle with minimum help.

BUZZ@

Team Members: Ong Jun Jiet, Muhd Saiful Bin Zahari, Fahmy B Mohamad Ramdan, Farrehann B Abdul Jalil, Huin Wai Kit Lester (ITE College East)



Hand and Leg Cycle An equipment that allows the elderly to exercise or patients to use their stronger limbs to assist rehabilitation of their weaker limbs.

Team Members: Malcolm Ang Soon Wei, Jason Leow Wee Yong, Lim Ye Sheng, Bryan Bombita (ITE College Central)

GET READY FOR THE **FINDING YOUR INTERESTS THE UNIQUELY ITE WAY! BY HENG JIN HUI**

SOAR@ TE

> At the next pit stop of your education journey, are you ready for what the future holds? ITE provides students with a practical education that is valued by employers. It will certainly give you a head start in a fulfilling career and get you *Ready for the* World!

Take this opportunity to look at which course might sync with your interests. Your choice will take you on a whole new experience the Uniquely ITE way!

Do you have a passion for interacting with people?

You enjoy meeting people from all walks of life, serving their needs with specialised skills that you have. If that's what truly drives you, you may be interested in some of these courses that will improve someone's well-being:

Possible Courses:

a) Higher Nitec in Early Childhood Education b) Nitec in Community Care & Social Services c) *Nitec* in Nursing d) *Nitec* in Opticianry e) Higher Nitec in Paramedic & Emergency Care

Do you know?

There is an increasing demand for quality graduates to serve in the social service sector as Singapore's population grows and ages. You will be able to make a difference in someone's life.

Are you a fixer who is keen to make things right and get to the botton of it all?

Just like a skilled craftsman who examines how every single nut and bolt works, you thrive in getting your hands on the inner most working of a machine or structure. If you have an inquisitive and keen mind for details, these could be some courses that may excite vou:

Possible Courses:

- a) Nitec in Electrical Technology
- b) *Nitec* in Facility Technology c) Nitec in Mechanical Technology
- d) Nitec in Chemical Process Technology
- e) Higher Nitec in Electrical Engineering
- f) Higher Nitec in Mechanical Engineering
- g) Higher Nitec in Civil & Structural Engineering Design h) Higher Nitec in Marine Engineering
- i) Higher Nitec in Aerospace Engineering

Do you know?

1 1

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You can be the hero behind the scenes supporting the most critical functions and needs in our lives. From supporting infrastructure like air-conditioning and power supply, to working on the controls of an aircraft or vehicles, there are countless career pathways for you to explore. Dare to dream!

Do you possess a Ever fantasise coming of the next best-selling class? **Possible Cour** a) Nitec in Fashion b) Nitec in Digital A c) Nitec in Visual C d) Nitec in Visual E e) Higher Nitec in F f) Higher Nitec in G Do you know?

> The skills you acquire you envision in your h graphic design. The sl

Aspire to be the Able to appreciate the

cooking up a storm? own food & beverage

Possible Cour

a) Nitec in Asian Cu b) *Nitec* in Food & c) Nitec in Pastry &

d) Nitec in Western e) Higher Nitec in H

Do you know?

In an unprecedented 'MasterChef', ITE's ve Ramsay that he was journey in the cover st

Raring to soar in

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Possible Cour

a) Nitec in Busines b) Nitec in Finance

c) Higher Nitec in A

- d) Higher Nitec in L
- e) Higher Nitec in H
- f) Higher Nitec in E g) Higher Nitec in S

We hope you had fun

learning more about

some of our courses

but do visit

www.ite.edu.sg

for the full range of

exciting programmes

that you can explore

with your dream

career in mind!

Do you know?

Many ITE graduates of successful entreprene learnt in ITE's busines

Does the world o intrigue you?

You excel in working network and systems. Smart Nation, harness and systems, these ar

Possible Cour

- a) Nitec in Social M b) Nitec in Info-Con
- c) Nitec in Mobile S d) Nitec in Electron
- e) Higher Nitec in e
- f) Higher Nitec in M

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SOAR@

DECISIONS, DECISIONS

COMING TO ITE: GOOD-TO-KNOW STUFF FOR BEFORE, DURING AND AFTER YOUR TIME AT ITE BY KAMARUDDIN MOHD SAID

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Picture this...you have just received your GCE 'N' or 'O' level results. Your hard work has paid off. You see smiling faces of friends, teachers and parents everywhere. The next thing you have to do is to consider the next stage of your education – it will determine your career and your future.

If you are thinking of joining ITE, here are some tips to show you the way!

SO MANY COURSES, WHICH ONE DO I CHOOSE?

In your four or five years of secondary school education, you would probably have participated in at least one ITE activity (Remember that learning journey to ITE last year? Or the Experience ITE Programme you had in Secondary 2?). That should have given you some idea of the courses offered at ITE, as well as the academic progression options and career opportunities.

You might also have done a profiling test, and your teachers and parents may have guided you on the interesting courses and careers available.



In a nutshell: Choose a course which better matches your abilities and interests, and chances are, you'd do well in it!

Here are some pointers to note when applying for a course at ITE:

- Check if you have met the entry requirements before signing up.
- · You may also refer to past years' cut-off points for an indication of your chance of getting into the course that you wish to select.
- · Some courses require you to go for an interview. If you are interested to apply for any of these courses, you must select any one of them as your first choice in the application.
- There are some courses that require applicants to be free from colour appreciation deficiency.
- · Take note of important dates, such as the application period, dates for interviews, acceptance of offer and registration at the ITE Colleges.

32



We all need a break from books and projects from time to time. Thank goodness that life in ITE is more than that. You will make new friends, learn new things, take part in Co-Curricular Activities (CCAs) and bask in the vibrancy of College life.

To help you get immersed into an ITE education, you will get the chance to take part in the orientation programme for new students. Friendly and helpful seniors will tell you what you need to know about campus life, the different types of CCAs available, where to get your uniforms, and other cool stuff.



be in! But where can I go from here?

What's next after an ITE education? Armed with an industry-recognised ITE certificate, most ITE graduates are able to start work within six months of graduation. Many go on to further their studies at the polytechnics or private institutions after working for some time. If you manage to get a good Grade Point Average (GPA) score, you may choose to progress directly from Nitec to Higher Nitec courses, or even straight to the polytechnics.

Always remember, the future is in your hands and the sky's the limit. Start charting your goals early and work hard towards achieving them. All the best!

Did You Know?

Besides full-time programmes, ITE also has a Traineeship Scheme that is open to GCE 'N' and 'O' level graduates. This is an earn-as-you-learn programme, where a sponsoring company will hire and provide on-the-job training to the trainee. Trainees are paid a monthly salary for the duration of the traineeship programme. After successfully completing one or two years of training - depending on the course chosen trainees will receive a Traineeship Certificate and a corresponding Nitec or Higher Nitec.

SMILE@ TE

BOUQUETS

HOW TO SAY, **"ITE ROCKS!**" IN DIFFERENT WAYS **COMPILED BY HEMAVALLI PADMANATHAN**

"ITE is a critical pillar of our education system... It gives students a solid foundation for lifelong learning and relevant skills for future employment."

> ~ Prime Minister Lee Hsien Loong, at the Official Opening of ITE Headquarters & ITE College Central in November 2013

"Through its Hands-on, Minds-on, Hearts-on TM philosophy, ITE has transformed many young lives by securing their futures with a strong foundation in skills."

> ~ Mr Heng Swee Keat, Minister for Education, at the ITE Graduation Ceremony 2014

"I am confident with ITE's Hands-on, Minds-on, Hearts-on TM approach to education, our students will be provided with a myriad of diverse pathways that will cater to their aspirations and interests. ITE, recognised world-wide for its state-of-the-art facilities has certainly helped to prepare our young to be world-ready youths of the future."

> ~ Mrs Adel Tay, Head of Department, Pupil Development Beatty Secondary School

"I graduated in 2010 from ITE College East and am currently pursuing my honours degree in Nursing at the Singapore Institute of Technology. Without ITE, I wouldn't have come this far. Once again, thank you."

~ Ms Durgadevi D/O Nallu Thavar, ITE Graduate

"When my son made up his mind to not take the 'O' levels and opted for ITE, I wasn't sure if that was the right path for him as I did not go to ITE after my 'N' levels. In the beginning, I really didn't know what to expect from ITE, but now I see it does wonders to my son."

> ~ Mdm Anizah Abdul Karim, parent of Higher Nitec in Cinematography student, Amirruddin Khan Jumari

"ITE is instrumental in providing graduates with holistic and hands-on training for their seamless transition from the campus to the workforce ... "

~ Mr Harry Lee, President, Samsung Electronics Singapore

"ITE graduates have good thought process and are willing to learn. They are not afraid to ask questions and give suggestions."

~ Ms Nur Izyani, Human Resource Manager, Duta Freight International

SHOOT FOR SUCCESS

n. From Engineering to Hospitality, and from Applied Health Sciences to Business and Services, ITE offers close to 100 exciting courses to GCE 'N' and 'O' Level graduates.

We have over 2,500 Scholarships to take you forward by leading industry players, like the Port of Singapore Authority, Economic Development Board, Rolls-Royce Singapore, Resorts World Sentosa, Singapore Technologies Aerospace, the Republic of Singapore Navy, Building & Construction Authority, SPRING Singapore and many more!

Visit us at **www.ite.edu.sg** for a complete list of Scholarships or call 1800-CALL ITE (1800-2255-483) and start your journey at ITE.

"My love for the big screens prompted me to pursue my dreams and enroll in the Nitec in Digital Audio and Video Production at ITE. I was awarded the Howe Yoon Chong PSA Scholarship, which freed me financially and made my dreams a step closer. The authentic learning environment provided me with relevant industry knowledge and skills, which made me work-ready. The scholarship and the hands-on learning at ITE gave me the opportunity to succeed in MediaCorp and in life."

> Andorria Yeo Howe Yoon Chong PSA Scholarship (Class of 2010, Nitec in Digital Audio & Video Production)



